

# Notes

- Water is served at every meal & fresh fruit is chosen by the season
- Age appropriate substitutions will be chosen to fit the student's need
- Menu Items subject to change (Substitutions will be at the Office)
- Fruits: Peaches, Pears, M. Oranges, Pineapples, Apples, Oranges, Bananas



# January Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 <b>Breakfast:</b> Cheerios, Apple Sauce, & Milk <b>Lunch:</b> Chicken Nuggets, Green Beans, Peaches, Milk <b>Pm Snack:</b> Club Crackers W/ Apple Juice	7 <b>Breakfast:</b> Oatmeal, Fruit & Milk <b>Lunch:</b> Turkey Sandwich, Baked Beans, Fruit, Milk <b>Pm Snack:</b> Animal Crackers W/ Apple juice	8 <b>Breakfast:</b> Biscuit & Jelly, Fruit & Milk <b>Lunch:</b> Lasagna, Salad w/ Italian Dressing, Mixed Fruit, Milk <b>Pm Snack:</b> Cheese & Crackers W/ Water	9 <b>Breakfast:</b> Pancakes, Pineapples & Milk <b>Lunch:</b> Bean Burrito, Corn, Mandarin Oranges, Milk <b>Pm Snack:</b> Cheez Its W/ Apple Juice	10 <b>Breakfast:</b> Toast, Bananas & Milk <b>Lunch:</b> BBQ Weenies, Corn Bread, Sweet Potatoes, Mixed Fruit, Milk <b>Pm Snack:</b> Graham Crackers W/ Apple Juice	11
12	13 <b>Breakfast:</b> Cheerios, Bananas & Milk <b>Lunch:</b> Spaghetti w/ Meat Sauce, Green Beans, Pineapple Bits, Milk <b>Pm Snack:</b> Graham Crackers W/ Apple Juice	14 <b>Breakfast:</b> Yogurt, Peaches, & Milk <b>Lunch:</b> Grilled Cheese Sandwiches, Carrots w/ Italian Dressing, Peaches <b>Pm Snack:</b> Cheez Its w/ 100% Apple Juice	15 <b>Breakfast:</b> Waffles, Fruit, & Milk <b>Lunch:</b> Soft Taco, Ranch Beans, Mixed Fruit, Milk <b>Pm Snack:</b> Vanilla Wafers w/ Apple Juice	16 <b>Breakfast:</b> Applesauce, Graham Crackers & Milk <b>Lunch:</b> BBQ Meatballs, Sweet Peas, Pineapple Bits, Milk <b>Pm Snack:</b> Animal Crackers W/ Apple Juice	17 <b>Breakfast:</b> Life Cereal, Orange Slices W/ Milk <b>Lunch:</b> Fish Sticks, Green Beans, Pears, Milk <b>Pm Snack:</b> Club Crackers, Cheese, & Water	18
19	20 <b>Breakfast:</b> Cheerios, Apple Sauce, & Milk <b>Lunch:</b> Mac & Cheese, Green Beans, Fruit, Milk <b>Pm Snack:</b> Pretzels W/ Apple Juice	21 <b>Breakfast:</b> Oatmeal, Fruit, & Milk <b>Lunch:</b> Turkey Cheese Roll Ups, Carrots, Pineapple bits, Milk <b>Pm Snack:</b> Vanilla Wafers W/ Apple Juice	22 <b>Breakfast:</b> Biscuit & Jelly Fruit & Milk <b>Lunch:</b> Chicken Quesadillas, Corn, Fruit Cocktail, Milk <b>Pm Snack:</b> Cheez Its w/ 100% Apple Juice	23 <b>Breakfast:</b> Pancakes, Fruit, Milk <b>Lunch:</b> Chicken Pasta, Sweet Peas, Salad w/ Italian Dressing, Milk <b>Pm Snack:</b> Goldfish W/ Apple Juice	24 <b>Breakfast:</b> Orange Slices, Graham Crackers, & Milk <b>Lunch:</b> Chicken Nuggets, Corn, Mixed Fruit, Milk <b>Pm Snack:</b> Club Crackers & Cheese W/ Water	25
26	27 <b>Breakfast:</b> Cheerios, Bananas & Milk <b>Lunch:</b> Cheese Quesadillas, Peaches, Ranch Beans, Milk <b>Pm Snack:</b> Pretzels W/ Apple Juice	28 <b>Breakfast:</b> Yogurt, Fruit & Milk <b>Lunch:</b> Turkey Sandwich, Baked Beans, Pineapple Bits, Milk <b>Pm Snack:</b> Cheez Its w/ 100% Apple Juice	29 <b>Breakfast:</b> Waffles, Fruit, & Milk <b>Lunch:</b> Taco Bowls ( Spanish Rice, Pinto Beans, & Cheese) Corn, Shredded Lettuce, Milk <b>Pm Snack:</b> Goldfish W/ Apple Juice	30 <b>Breakfast:</b> Applesauce, Graham Crackers & Milk <b>Lunch:</b> Meat & Pasta, Mashed Potatoes, Fruit Milk <b>Pm Snack:</b> Animal Crackers W/ Apple Juice	31 <b>Breakfast:</b> Toast, Banana & Milk <b>Lunch:</b> Fish Sticks, Green Beans, Salad w/ Italian Dressing, Milk <b>Pm Snack:</b> Graham Crackers W/ Apple Juice	1
2	3 <b>Breakfast:</b> Cheerios, Apple Sauce, & Milk <b>Lunch:</b> Chicken Nuggets, Green Beans, Peaches, Milk <b>Pm Snack:</b> Club Crackers W/ Apple Juice	4 <b>Breakfast:</b> Oatmeal, Fruit, & Milk <b>Lunch:</b> Soft Taco, Ranch Beans, Pineapple Bits, Milk <b>Pm Snack:</b> Vanilla Wafers W/ Apple Juice	5 <b>Breakfast:</b> Biscuit & Jelly Fruit & Milk <b>Lunch:</b> Frito Chili Pie, Corn, Apple Slices, Milk <b>Pm Snack:</b> Ritz, Cheese Sticks W/ Water	6 <b>Breakfast:</b> Yogurt, Fruit, & Milk <b>Lunch:</b> Waffles W/ Syrup, Sausage, Tater Tots, Milk <b>Pm Snack:</b> Cheez Its w/ 100% Apple Juice	7 <b>Breakfast:</b> Life Cereal, Orange Slices W/ Milk <b>Lunch:</b> Chicken Broccoli Rice Casserole, Mixed Fruit, Milk <b>Pm Snack:</b> Crackers & Cheese, W/ Water	8